



DEMENTIA CAREGIVER SUPPORT GROUP

DATE: VIRTUALLY (ZOOM) EVERY WEDNESDAY

TIME: 10:00-11:00AM

CONTACT TONYA RUNYARD, DEMENTIA CARE SPECIALIST,
JEFFERSON COUNTY ADRC FOR ZOOM LINK

920-675-4035 OR TONYAR@JEFFERSONCOUNTYWI.GOV

Supporting YOU while you care for your friend or family member. Join us in a relaxed atmosphere to get your questions answered by others who are on this journey and share some of your wisdom and insight with others who may need it.

Please join us!

We focus on tips and tricks on caregiving, coping strategies, resources and just enjoying each other's company as a social outlet.

FOR MORE INFORMATION CONTACT: TONYA RUNYARD @ 920-675-4035